Maine CDC Health Inspection Program

No Bare Hand Contact



Bare hand contact **is not allowed** with ready-to-eat (RTE) foods. RTE food goes directly to customers without further cooking that would kill germs. RTE foods are items such as sandwiches, salads and bread. Examples of suitable utensils for handling RTE foods are:

Spatulas



Single use gloves



Tongs



Forks



Chop sticks



Deli Tissue



Scoops



Single Use Glove Guidelines

- The use of gloves does not replace good hand washing practices.
- Hands must be washed before putting on gloves.
- Use gloves for one task only, such as handling RTE foods.
- Hands must be washed between glove changes.
- When gloves become soiled or damaged throw them away.
- Fabric or other re-usable gloves may not be used for RTE foods.

For more information see 2013 Maine Food Code

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Check our Website maine.gov/healthinspection
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